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Spartan Weekly

Community news from Spartanburg and the surrounding upstate area
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AROUND TOWN

Combating COVID with Collaboration

Due to a rise in Spartanburg's COVID-19 cases, Spartanburg Regional Healthcare System is again asking everyone to contribute to community health by wearing face masks and abiding by social distancing.

Businesses are encouraged to make the commitment to combating COVID-19. This puts the health of our community at the forefront, with high standards for cleaning, monitoring team members' health and allowing for more space between customers and employees.

Spartanburg earns two SCRLA Upstate Hospitality awards

Two of Spartanburg's own were named winners at the SC Restaurant & Lodging Association's annual Upstate Hospitality Awards.

Acadia Kant with CityRange Steakhouse Grill-Spartanburg was named Restaurant Front of the House Employee of the Year. Also, Andy Cajka, president of Southern Hospitality Group and owner of the Spartanburg Marriott, was named Hotelier of the Year. Congratulations to these two high performers!

USC Upstate men's soccer announces 2021 spring schedule

The Big South Conference announced today its 2021 spring men's soccer schedule, and with that, USC Upstate men's soccer head coach Scott Halkett has unveiled his schedule for the program's 40th Anniversary season.

The Big South schedule will be an 8-match slate with most contests scheduled for Sundays from Feb. 21-April 8. In addition, teams will be permitted to play up to three (3) non-conference/exhibition matches starting Sunday, Feb. 14. The Big South Men's Soccer Championship Semifinals and Finals will be held the week of April 12-18, with those dates to be determined at a later time. Contingencies were built into the schedule to allow flexibility for completing the season in full. Matches scheduled for Sundays can be moved to the previous Friday/Saturday or the following Monday, if necessary.

Stay up-to-date with USC Upstate men's soccer by logging onto upstatespartans.com or following the team on Twitter at @UpstateMSoccer.

The Bearden-Josey Center for Breast Health unveils new mobile mammography units

The Bearden-Josey Center for Breast Health announces the arrival of two new mobile mammography units that will increase access to breast cancer screenings. The new units were made possible because of Spartanburg Regional Foundation fundraising efforts.

Traveling to and from medical appointments can be a challenge for women who have families and busy schedules. It is even more of a challenge when you live in a remote area — especially when trying to get a mammogram.

To help reach more women, the Bearden-Josey Center for Breast Health provides mammography at sites throughout the community through the mobile mammography program.

The two new units are available to women who may not have access to care, because they lack time, transportation, insurance or awareness. Both units are used to conduct on-site screenings at churches, businesses, health fairs, community centers and other locations in Spartanburg, Cherokee and Union counties.

The new units are outfitted with the latest technology, including 3D tomosynthesis. This digital mammogram reduces the chances of false positive reports that require follow-up visits. Tomosynthesis also aids in early detection of cancers.

To learn more about the Bearden-Josey Center for Breast Health mobile mammography program, please visit RegionalFoundation.com or call 864-560-6727.

To request request a mobile visit to a business, event or site, please call 864-560-6400

Upstate Artist seeks spiritualism in her extensive exhibition at the Collective

Upstate visual artist Amanda Compton will convey feelings of spiritualism through her dynamic exhibition -- *Resonate* -- at Artists Collective | Spartanburg Dec. 1-26.

This very extensive collection of 2-D and 3-D works will be free for public viewing Tuesday through Saturday, 10 a.m. to 4 p.m. In light of the COVID-19 pandemic, patrons are required to wear face masks and to stay six feet away from each other. On Thursday, Dec. 3, at 5:30 p.m., Compton will host a casual public reception without a formal program.

This exhibition will have about 80 works of art, including canvases, pendants, and stone sets. All of the work will be for sale, ranging in price from \$15 to \$325.

For more info, please visit online: ArtistsCollectiveSpartanburg.org



Dr. John Porter giving instructions to his students at Sherman College

Dr. John H. Porter, Jr. to retire after 41 years of educating Doctors of Chiropractic

After more than four decades as a faculty member at Sherman College of Chiropractic, Associate Professor John H. Porter Jr., D.C., has announced his retirement effective December 31. A 1977 Sherman College graduate, Porter joined the college in 1979 as a faculty member and has dedicated his years at the college to teaching the next generations of doctors of chiropractic as well as serving the local community through his private chiropractic practice as Spartanburg's second Black chiropractor.

Porter announced his retirement during the college's annual employee service awards program to his colleagues and friends. Having joined the college faculty just six years after its founding, Porter has taught nearly every Sherman College student to walk its halls, leaving a

lasting impression on many alumni. During that same awards program, Porter's daughter, Princess Porter-Fowler, D.C., was named Faculty Member of the Year; she is an assistant professor of clinical sciences and a 2001 Sherman College graduate.

"No doubt after 40-plus years of service, Dr. Porter could teach us all a thing or two about community, and about building a legacy," shared Sherman College President Edwin Cordero, D.C. "Dr. Porter has influenced thousands of lives in this community, and in the chiropractic profession, for the better. We are so thankful for his commitment to Sherman College, to chiropractic education, and to Spartanburg."

Vice President for Academic Affairs Joe Donofrio, D.C., '94, A.C.P., said Porter is a "bedrock" of Sherman

College. "Every one of our graduates, for 41 years, has a memory of Dr. Porter teaching them the Palmer Toggle Recoil technique," he said. "What has made him such a powerful instructor is that he is a man of few words, but he has the fastest toggle that I've ever seen. He is certainly a Sherman College legend, and his daily presence on campus will be missed."

In 2019, in celebration of his 40th year on the faculty, Sherman College established a scholarship fund in Porter's name with the goal of lessening the financial burden faced by generations of future chiropractic students. Two Dr. John H. Porter Jr. Scholarships have since been awarded, with one recent graduate already pursuing a career of service like Porter, and another still in attendance at Sherman College.

Quality Counts of Spartanburg County First Steps wins statewide WhatWorksSC Award

Greenville - Quality Counts, a Spartanburg First Steps program, received the 2020 Dick and Tunky Riley WhatWorksSC Award during a virtual celebration of South Carolina public education presented by Furman University's Riley Institute.

Former U.S. Secretary of Education and two-term S.C. governor Dick Riley announced the winner and presented the award, which is given annually to a program that is positively impacting public education in South Carolina. The award is named for Riley and his late wife, Ann "Tunky" Riley, a devoted teacher and passionate advocate for quality public education for all children.

"We want our legislators, our friends, our colleagues, and our families to know that there's a lot of good happening right here in South Carolina education," Riley said.

"Public education is critical to our democracy, and it takes all of us working together to keep it strong."

Quality Counts creates high-quality learning environments and promotes best practices for teachers that help prepare our youngest students for success in school and life. By providing targeted professional development, mentorship and coaching, and nationally recognized assessments, it lays the foundation for continuous improvement.

"Winning this award tells us our state believes in the value of educating our very youngest children," said Barbara Manoski, executive director of Spartanburg County First Steps. "And that starting early makes all the difference, all the way from K to 12," added Tammy Compton, Quality Counts program director.

As the 2020 WhatWorksSC winner,

Spartanburg First Steps received a \$10,000 award.

APEC, a program of Columbia College, helps prepare quality teachers in critical-need school districts and promotes their retention. The Monaview MAGIC Initiative, an afterschool program at Monaview Elementary School in Greenville, fosters social, emotional, and educational growth in students by equipping families with resources and knowledge that help them thrive.

All will become members of the Riley Institute's WhatWorksSC Clearinghouse, an online resource that collects and shares key strategies for improving South Carolina's public schools, and be featured on South Carolina ETV's knowitall.org, which compiles thousands of media resources for teachers and students from pre-K through 12th grade.

The feast doesn't end with Thanksgiving

Ah, Thanksgiving -- cleaning, shopping, cooking and entertaining guests for hours! While Thanksgiving is one of my favorite holidays, I've embraced the day after the holiday as my time to feast in peace.

My traditional after-Thanksgiving breakfast consists of a cereal bowl full of warm leftover turkey, ham, corn and dressing with cranberry sauce. One of my favorite after-feast lunches is a turkey and ham sandwich with cranberry sauce and any other leftovers I can fit between two slices of toasted bread!

In my opinion, Thanksgiving leftovers are a national treasure. If you store your leftovers safely and properly, you can enjoy them in a variety of ways for several days.

During mealtime, do not let the turkey sit out for more than two hours after it has been cooked. For safe storage, remove the stuffing and de-bone the turkey. Store the turkey in shallow containers in the refrigerator, because shallow containers allow the turkey to cool faster, preventing the growth of harmful bacteria.

Unless you freeze the leftovers, be sure to use the turkey and stuffing within 3-4 days. Leftover gravy should be used within 1-2 days. Other cooked dishes can be stored up to 4 days.

Frozen leftovers should be stored at 0 degrees Fahrenheit or below and used within 3-4 months. Turkey in gravy or broth, or other cooked turkey dishes can be frozen for 4-6 months. Stuffing and gravy can keep up to one month in the freezer. Marking your leftovers with the date and name of the item will help you keep better track of them.

Here are a few ideas for using the leftovers from your Turkey Day feast:

- * Turkey Wrap
- * Thanksgiving Potatoes Au Gratin
- * Turkey Chili

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her latest cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Around the Upstate

Spartanburg Community College announces leadership transition at Cherokee County Campus in Gaffney

Gaffney - Spartanburg Community College's Cherokee County Campus has been an important fixture in the Gaffney and Blacksburg communities since first opening in January 2007. Since that time under the leadership of Executive Director Daryl Smith the campus has grown to include new programs, new buildings and more students than ever before from surrounding communities. Smith was honored at a Nov. 17 meeting of the Cherokee County Campus Advisory Committee for his leadership, compassion and service to the community as his year-end retirement approaches. Gaffney native, Amanda (Mandy) Painter, was announced as the new campus executive director effective Jan. 4, 2021.

"Mention the SCC Cherokee County Campus anywhere in Cherokee County and the name Daryl Smith immediately comes to mind. For the past 13 years, Daryl has been the 'go-to person' for the campus, working alongside community leaders and elected officials to ensure all residents, regardless of age or circumstances, have the opportunity to pursue educational opportunities," explained Dr. Michael Mikota, SCC president. "Daryl's dedication to the community and to our students is unwavering, and he will be greatly missed. Thanks to Daryl's leadership, the Cherokee County Campus is poised for even more future success."

Prior to the Cherokee County Campus appointment, Smith worked as the SCC department chair for business administration. He previously worked at Mettler-Toledo for 16 years as manufacturing manager. Under Smith's leadership, many critical initiatives took place at the campus including:

- * Development of the Know(2) scholarship with Cherokee County officials and community leaders, which is a scholarship for STEM students interested in attending SCC.
- * The Center for Advanced Manufacturing and Industrial Technology was built in response to the Know2 scholarship and the community's demand for STEM graduates.

- * The Institute of Innovation, the county school district technology center, was built on the Cherokee County Campus.
- * Thanks to a partnership with the Cherokee County Schools and SCC, the Cherokee Early College was opened on the Cherokee County Campus and is located in the L. Hoke Parris Training.
- * Enrollment has steadily grown and in spring 2020, prior to the coronavirus pandemic, Cherokee County Campus enrollment grew 33 percent.



SCC President Dr. Michael Mikota announced a leadership transition at the Cherokee County Campus on Nov. 17 at a meeting of the Cherokee County Campus Advisory Committee meeting. Daryl Smith, campus executive director, was recognized for his leadership, compassion and service to the community as his year-end retirement approaches. Gaffney native, Amanda (Mandy) Painter, was announced as the new campus executive director effective Jan. 4, 2021. Shown in the photo from left are Dr. G. Michael Mikota, SCC president; Daryl Smith, current executive director, SCC Cherokee County Campus; and Amanda (Mandy) Painter, new executive director, SCC Cherokee County Campus.

Dr. Cheryl Cox, SCC's senior vice president of academic affairs said, "Daryl has worked at the college for 18 years and will be greatly missed. He has been the executive director of the Cherokee County Campus since 2007, and he also served as the department chair for business administration and as a faculty member. I've had the pleasure of working with Daryl for the last 10 years. He is an exceptional leader and has been a tremendous asset for the college in achieving our mission to serve the Cherokee County community."

Also at the meeting, Dr. Mikota announced Amanda (Mandy) Painter as the new

Cherokee County Campus executive director. "I am very proud to welcome Ms. Painter into the Spartanburg Community College family. She brings a unique set of skills and experience that will positively impact and further our capacity to serve the hardworking and devoted students, alumni and citizens of Cherokee County as a whole."

Painter currently serves curriculum and instruction secondary coordinator for

the Cherokee County School District and has worked for the district for 20 years in a variety of roles including math teacher at Gaffney High School and placement coordinator, assistant director and director at the Cherokee Technology Center. Painter is a lifelong resident of Cherokee County, graduating from Gaffney High School in 1997. She earned a Bachelor of Science degree in Mathematics Education from the University of South Carolina-Upstate and a Master's degree in School Administration from Gardner Webb University. In addition to her professional accomplishments, Painter is married to Dustin Painter and they have two sons, Zac, a senior at Blacksburg High School and Nic, a freshman at The Scholars Academy.

"Mandy has been involved in most of the major initiatives undertaken by SCC at the Cherokee County Campus for several years," explained Smith. "She has been an excellent partner and is student focused. I am sure she will take the Cherokee County Campus to the next level, and beyond."

"Mandy has over 20 years of experience with the Cherokee School district. While working for the school district, she has been a fabulous partner for SCC. Her support, knowledge and collaboration were invaluable in the development of the Institute of Innovation building, curriculum on the SCC Cherokee County Campus and in the creation of the Cherokee County Early College," added Cox. "Mandy is always laser focused on student success. I'm looking forward to continuing to work with her in this new role."

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Obadiah in the Old or New Testament or neither?
 2. From Matthew 9, after Jesus healed a paralyzed man, what did the man pick up and carry home? *Brother, Bed, Mother, Cart*
 3. What is the largest number phrase specifically mentioned (described) in the Bible? *Scores upon scores, One hundred thousand, Thousand thousand, Thousands of millions*
 4. Which book begins, "And the Lord spake unto Moses in the wilderness of Sinai"? *Exodus, Leviticus, Numbers, Deuteronomy*
 5. From Psalms 5:9, on referring to enemies, their throat is an open ...? *Wound, Door, Sepulchre, Cave*
 6. In Exodus 7 what river was turned into blood? *Red, Galilee, Marah, Nile*
- ANSWERS: 1) Old; 2) Bed; 3) Thousands of millions (Genes. 24:60); 4) Numbers; 5) Sepulchre; 6) Nile
- Hardcore trivia fan? Visit Wilson Casey's subscriber site at www.patreon.com/triviaguy.*
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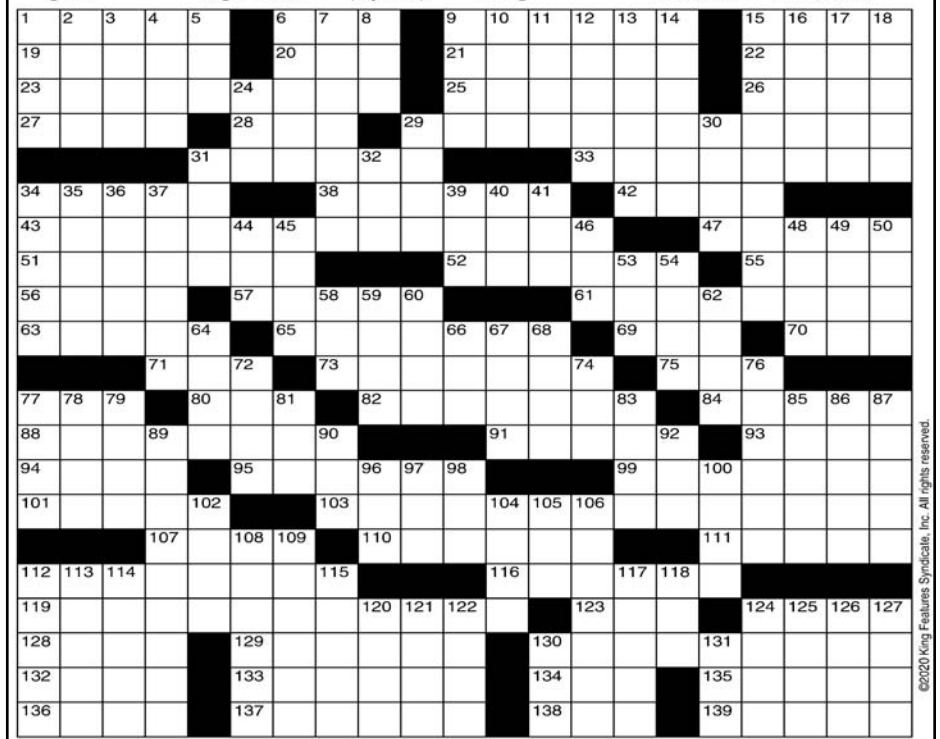
Super Crossword

Answers

SCOTT, CITY, AMSTEL, GULF, CARLO, FRI, TAMALIE, GRIEL, AMBITIOUS, AGORAS, LIMBO, BEEF, NON, ABIGAIL, LADAMS, GONDAR, NITCHEL, AMIGO, JOSEPH, BIERO, MIRIBO, LESWORTH, AJARON, TIME, NE, BEHOLD, SOLO, NO AM, CASAL, GUIN, SIET, EMMIE, POGGIONE, BIE, EISE, AP, LE, WESTER, PACIS, HOUSEFLY, ENIAC, WIND, AUNT, STUDIO, ARGONITZE, BIE, KATHRYN, BILLOW, ARAL, DEMURE, REDDOS, EGOMANIA, ISOLDE, SIGNIFICANT, INQUIRY, TATA, ODE, METEOR, DOOVERBILT, ODEIA, IRANIS, ALIM, BIBBLE, KIANT, ESTIATIE, DRIS, BOATIS

Super Crossword

- DIRECTLY ON TOP**
- ACROSS**
- 1 "Everwood" actor Wolf
 - 6 Pigs' home
 - 9 Dutch brew
 - 15 — of Mexico
 - 19 "Ship's load
 - 20 Lead-in to historic
 - 21 Durango dish
 - 22 Baseball's Hershiser
 - 23 * Subject to interpretation
 - 25 * Old Greek squares
 - 26 "Stretch" car
 - 27 Steak, e.g.
 - 28 Prefix with lethal
 - 29 * Second U.S. first lady
 - 31 At a distance
 - 33 Tattles
 - 34 * Chum
 - 38 Gave slack to
 - 42 Son of Eliel Saarinien
 - 43 * Dr. Evil's cat in Austin Powers films
 - 47 1801-05 veep Burr
 - 51 Beatles song on "Let It Be"
 - 52 Observe
 - 55 Song for one
 - 56 Linguist Chomsky
 - 57 Political plot
 - 61 Knight's glove
 - 63 "Serpico" actor M. — Walsh
 - 65 * Jumping up and down on a bouncy stick
 - 69 Comb buzzer
 - 70 Native suffix
 - 71 See 8-Down
 - 73 * Pairs of consecutive letters
 - 75 Spying setup
 - 77 Likely (to)
 - 80 Meadow
 - 82 Birds building homes
 - 84 Poster pins
 - 88 Buzzing
 - 91 Large 1940s computer
 - 93 "Huh?"
 - 94 Female kin
 - 95 Artist's base
 - 99 * Suffer a lot
 - 101 Dog variety
 - 103 * She directed "The Hurt Locker"
 - 107 — Sea (salt lake in Asia)
 - 110 Coy
 - 111 Revisions
 - 112 * Too much self-esteem
 - 116 Beloved of Tristan
 - 119 * Bay off Nigeria and Togo's coast
 - 123 — de plume
 - 124 Brit's "Bye!"
 - 128 Ye — Shoppe
 - 129 Rendezvous
 - 130 Really succeed (or what literally appears six times in this puzzle)
 - 132 Old Greek concert halls
 - 133 Shahs, e.g.
 - 134 Shoot (or)
 - 135 Sermon text
 - 136 Philosopher Immanuel
 - 137 Grand home
 - 138 Hosp. staff
 - 139 Sea vessels
 - 10 Wise men
 - 11 Air pollution
 - 12 Reid and Lipinski
 - 13 "Seinfeld" gal
 - 14 Nielsen of "Mr. Magoo"
 - 15 Ghana's former name
 - 16 Dickens' — Heep
 - 17 "— tell ya!"
 - 18 Dental string
 - 24 It uses 108 cards
 - 29 In — (single-file)
 - 30 Gillette razor brand
 - 31 Ton bear
 - 32 Canon camera
 - 34 Compound with nitrogen
 - 35 '83 Keaton-Garr film
 - 36 Letter-shaped girder
 - 37 Easy putts, informally
 - 39 Weep loudly
 - 40 Sooner than, in poetry
 - 41 Ultimate degree
 - 44 Health supplement store, familiarly
 - 45 Jump
 - 46 Pig
 - 48 Part to play
 - 49 Bullring cries
 - 50 Observe
 - 53 R&D center
 - 54 Song for two divs.
 - 58 Singer Dylan
 - 59 Opposed to, in dialect
 - 60 Theater box
 - 62 Orally
 - 64 Floor piece
 - 66 Tax org.
 - 67 Election analyst Silver
 - 68 FBI guys
 - 72 Umps' kin
 - 74 — Lanka
 - 76 Oklahoma tribe
 - 77 "Moby-Dick" captain
 - 78 Flow out
 - 79 Fix a flat?
 - 81 Height: Abbr.
 - 83 Former Swedish car
 - 85 Toddler, e.g.
 - 86 Buzzing
 - 87 Is in a huff
 - 89 Source of warmth on some trains and ships
 - 90 Belly laugh
 - 92 Special FX technology
 - 96 Poppa
 - 97 Native suffix
 - 98 Unit of resistance
 - 100 Mean beast
 - 102 "Doggone!"
 - 104 Totally spoil
 - 105 Century
 - 106 Dark modern film genre
 - 108 Breakdown of social norms
 - 109 Long-term inmates
 - 112 Download on a Kindle
 - 113 Radner of comedy
 - 114 Nash of comedy
 - 115 "My heart skipped —" captain
 - 117 Weaving frames
 - 118 Driver's lic. issuer
 - 120 Sicilian volcano
 - 121 Night, in Nice
 - 122 — dixit (assertion with no proof)
 - 124 Song for three
 - 125 "Waterloo" quartet
 - 126 Lean
 - 127 Gets mature
 - 130 Fovea (about)
 - 131 Flow out



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